

SUICIDE

the biggest killer of
young people in the UK.

HOPELINE247

If you are having thoughts of suicide or are concerned for a young person who might be, you can contact **HOPELINE247** for confidential support and practical advice.

Call: 0800 068 4141

Text: 07860 039 967

Email: pat@papyrus-uk.org

Open every day **24 hours a day**

www.papyrus-uk.org

